# Assistive Technology for Outdoor Recreation and Gardening Resource Page

The Michigan Assistive Technology Program
To request a demonstration of Assistive Technology
www.tinyurl.com/MATPDemoRequest

#### Our website

https://mymdrc.org/assistive-tech

# The ATXchange

https://atxchange.org

# Like & follow our MDRC Facebook page for info on our training series

https://www.facebook.com/mymdrc

Email us to ask to be added to our training listserv MATPTraining@MyMDRC.org

Please take a minute to fill out our quick survey:

Here is the link: <a href="https://bit.ly/3BEKHnK">https://bit.ly/3BEKHnK</a>

# Please feel free to reach out to us! Presenter:

Jileesa Irwin
Jileesa@mymdrc.org

### E-bikes

Liberty Trike

https://www.libertytrike.com/

#### Rad Power Bikes

https://www.radpowerbikes.com/

#### Lectric Ebikes

https://www.radpowerbikes.com/

# Liberty Trike

https://www.libertytrike.com/

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# **AT for Hunting**

- Hunting blind <a href="https://amzn.to/34czKhf">https://amzn.to/34czKhf</a>
- Large Ghillie suit- <a href="https://amzn.to/3gsteW6">https://amzn.to/3gsteW6</a>
- Deer Cart- <a href="https://amzn.to/3uthvhW">https://amzn.to/3uthvhW</a>
- Body insulator- <a href="https://amzn.to/3utV8cu">https://amzn.to/3utV8cu</a>
- Heated Hand muff- https://amzn.to/3HuZV0J
- Avery marsh seat- <a href="https://amzn.to/3grZCrO">https://amzn.to/3grZCrO</a>
- Tree deer hoist- <a href="https://amzn.to/3gwu306">https://amzn.to/3gwu306</a>
- Hitch deer hoist- <a href="https://amzn.to/3HBr0PQ">https://amzn.to/3HBr0PQ</a>

# **AT for Fishing**

- Fishing knot tying tool- <a href="https://amzn.to/34cAMd7">https://amzn.to/34cAMd7</a>
- Fishing pole holder- <a href="https://bit.ly/3GuwFWD">https://bit.ly/3GuwFWD</a>

# AT for Ice Fishing

- Long Handle Ice scoop- https://amzn.to/3Goc868
- Bucket rod holder- https://amzn.to/3B0RsA6
- Ice anchor drill adapter- <a href="https://amzn.to/3oNLk9F">https://amzn.to/3oNLk9F</a>

# AT for bird watching

- Binocular harness- <a href="https://amzn.to/34l8zRh">https://amzn.to/34l8zRh</a>
- Monocular telescope- <a href="https://amzn.to/3utvzYQ">https://amzn.to/3utvzYQ</a>
- Binoculars with phone adapter- https://amzn.to/3HyG4ha

# AT for camping

- Folding camp cot- <a href="https://amzn.to/3shjG5H">https://amzn.to/3shjG5H</a>
- Head Lamp- <a href="https://amzn.to/3gsM0fM">https://amzn.to/3gsM0fM</a>

Pop up tent- https://amzn.to/3Lft4PK

#### AT for winter

- Studded snow tires for Ebikeshttps://www.utahtrikes.com/PROD-11620842.html
- Snow chains for ebike tireshttps://www.slipnottraction.com/shop
- Ice cleats- <a href="https://amzn.to/34sDdYO">https://amzn.to/34sDdYO</a>
- Ice pick for walkers, canes, crutcheshttps://amzn.to/3Lk65U2

# Websites and Apps for accessible outdoor recreation

- Michigan DNR Accessibility
  - https://www.michigan.gov/dnr/0,4570,7-350-79137 79782---,00.html
- AllTrails: Trail Guides & Hiking, Camping and more
  - https://www.alltrails.com/
- Recreation.gov
  - https://www.recreation.gov/

# Guide services in Michigan

- Michigan Operation Freedom Outdoors
  - https://www.facebook.com/MichiganOperationFreedom Outdoors/
- Blind Eye Outdoors
  - https://www.facebook.com/blindeyeguideservice

# **Examples of Accessible Garden Beds**

- Best Choice Products 48x24x30 Raised Garden Bed https://tinyurl.com/nhzpfbzc
- Wheelchair Accessible Raised Garden Bed (Gardener's Supply)

- https://tinyurl.com/2p8juzzu
- Sunnydaze Raised Garden Bed with Handlebar and Wheels <a href="https://tinyurl.com/56mm8de9">https://tinyurl.com/56mm8de9</a>
- 5 Tier Vertical Garden Planter https://tinyurl.com/4dw2aemd

# **Indoor Gardening**

 AeroGarden Harvest Elite - Indoor Garden with LED Grow Light

https://tinyurl.com/bdz8jbvy

 GrowLED LED Indoor Garden <a href="https://tinyurl.com/2p9djs83">https://tinyurl.com/2p9djs83</a>

#### **Extendable Garden Tools**

- ERGIESHOVEL Strain Reducing Bow Rake https://tinyurl.com/fetzt4k4
- Corona Extendable Garden Rake https://tinyurl.com/5cutbz6b

### **Ergonomic Hand Tools**

 Radius Garden Ergonomic 4-Piece Gardening Hand Tool Set

https://tinyurl.com/mrxk2re6

- Peta Easi Grip Garden Tools Set of 3
   https://www.thewrightstuff.com/easi-grip-garden-tools-set.html
- Peta Easi Grip Support Cuff

https://www.thewrightstuff.com/easi-grip-arm-support-cuff.html

Peta Easi Grip Long Reach Garden Tools Set of 4
 <a href="https://www.thewrightstuff.com/easi-grip-long-reach-tools-set-4.html">https://www.thewrightstuff.com/easi-grip-long-reach-tools-set-4.html</a>

# **Hoses and Sprayers**

- Flexzilla Garden Lead-In Hose 5/8 In. x 50 ft https://tinyurl.com/37hx2evn
- Melnor RelaxGrip 8-Pattern 15" Watering Wand <a href="https://tinyurl.com/332mtunx">https://tinyurl.com/332mtunx</a>
- GREEN MOUNT Garden Hose Fireman Style Nozzle https://tinyurl.com/583wwhdx

# **Seeding Tools**

- Seeding Square <a href="https://www.seedingsquare.com/">https://www.seedingsquare.com/</a>
- Intervale Seed and Plant Spacing Ruler https://tinyurl.com/2p9h8k5x
- Hand Seed Dispenser <u>https://tinyurl.com/kdsuvahu</u>

# **Weeding Tools**

 Cobrahead Weeder and Cultivator Tool <a href="https://www.cobrahead.com/">https://www.cobrahead.com/</a> Weed Zinger
 <u>https://www.thewrightstuff.com/weed-zinger-weeding-tool.html</u>

# **Tending Tools**

- Gorilla Grip Kneeling Pad <u>https://gorillagrip.com/products/gorilla-grip-premium-thick-kneeling-pad</u>
  - Folding Garden Kneeler/Bench https://tinyurl.com/yckhj6fb
  - Sunnydaze Rolling Garden Cart Scooter with Wheels and Tool Tray, 360 Swivel Seat <a href="https://tinyurl.com/ycx5pzcy">https://tinyurl.com/ycx5pzcy</a>

# Harvesting

- \*Harvest Bucket https://tinyurl.com/bdk4bfkv
- \*Berry Bucket 3L https://tinyurl.com/2x8u3fxb
- \*The Roo Harvest Apron www.rooapron.com